

Irving Recreation Center

Summer Day Camp

Grades 3 through 4

Welcome to Summer Day Camp!

Be sure your camper is bringing a book to camp everyday. Campers personal read for 15-20 minutes everyday! This week in Wise Kids® lessons we will be learning about the heart. Campers will learn about the functions of the heart, heart rate, and why it matters for fitness, health, and burning calories!

This Week's Highlights

Monday July 1st-Adventure Golf Field Trip!

In the morning we will be having "Just Rec. Time". In the afternoon we will be going to Adventure Golf. We will leave the center at 1:30 and return at 3:30. Please remember to have campers wear their green camp shirt!

Tuesday July 2nd-Library and Swimming!

In the morning we will be walking to South Branch Library. Please send a backpack with your child to carry their books in. We will leave at 9:45 and return at 11:00. In the afternoon, we will be walking to Irvingdale Pool. We will leave the center at 11:20 and return at 1:10. Don't forget to pack a swimming suit, sunscreen, and a towel. We will also be having Fitness with Scott in the gym.

Wednesday July 3rd-Rotations and NE State Museum Field Trip!

In the morning we will be having "Just Recreation Time" in the gym. In the afternoon we will be having rotations, which include Yoga and Croquet. We will also be taking the city busses to NE State Museum. We will leave the center at 1:30 and return at 4:30. Please have your camper wear their green camp shirt!

Thursday July 4th-No Camp! Happy 4th of July!

We hope that you enjoy the day with friends and family celebrating! Be safe and have fun!

Friday July 5th-Archery and Swimming!

In the morning we will be doing rotations. Campers will do a craft activity and archery! In the afternoon, we will be walking to Irvingdale Pool. We will leave the center at 11:20 and return at 1:10. Don't forget to pack a swimming suit, sunscreen, and a towel. We will also be having "Just Recreation Time" in the gym.

Tennis Lessons: Session 2

All campers have participated in tennis lessons during the first half of the summer. These lessons have consisted mostly of basic skills-based drills. We will begin an optional second session of tennis that will run Weeks 7-10 (July 8-August 2). Campers who would like to participate in the second session of tennis will practice more advanced drills, learn scoring, and hone their skills through match play. Please sign up your child for this session by Monday, July 8 if you would like them to continue with tennis at day camp. Forms are available at the front counter and on our Summer Day Camp webpage at parks.lincoln.ne.gov/irving.



Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwave s are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954